

Woodlands – RSE Long Term Plan

	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
KS3 Year 1	Self Concept	Positive Relationships	Learning Skills & Self Confidence	Mental Health and Emotional Wellbeing	Relationship Values	Media Literacy and Sources of advice
KS3 Year 2	Emotional Health	Forming and Maintaining Respectful Relationships	Online Relationships	Keeping safe and looking after my health	Respectful Relationships	Sources of help and advice
KS3 Year 3	Safe Relationships	Keeping Safe and Looking after my Sexual Health	Feelings, Attitudes and Aspirations	Managing Risk in Adolescence	Relationship Diversity	Sources of Advice and Help in a Cyber World
KS4 Year 1	Body Image	Human Reproduction: Responsibility	Personal Qualities	Managing my Health	Developing Relationships	Identify and Values
KS4 Year 2	Managing Risk and Personal Safety	Social Influences	Online Relationships and Safety	Looking after my Sexual Health	Relationships: Diversity	Living in the Wider World